



HOUSE DEMOCRATS

Pete Aguilar, Chair | Ted Lieu, Vice Chair

INTERNSHIPS

The following internship programs place interns directly in Congressional Member and committee offices. Congressional offices and committees may reach out to the points of contact to inquire about the placement process.

Internship Program	Season	Length of Program	Number of Interns	Contact
American Association for People with Disabilities (AAPD)	Summer, Fall	10 Weeks in Summer, 14 Weeks in Fall	Summer: 20 Interns Fall: 10 Interns	Neil Purohit internships@aapd.com ; npurohit@aapd.com 202-521-4303
Asian Pacific American Institute for Congressional Studies (APAICS) Internship Program	Summer, Fall	8 Weeks in Summer, 10 Weeks in Fall	15-20 Interns	Sirat Attapit programs@apaics.org 202-296-9200
BroadFutures	June - Aug., Jan. - April	8 Weeks in Summer, 11 Weeks in Fall	30 Interns	Shannon Blockmiller info@broadfutures.org 202-521-4304
Cal State D.C. Scholars Program	Summer, Spring	4 Months in Spring, 10 Weeks in Summer	Spring: 25 Interns Summer: 35 Interns	Kathryn Beuchel kbeuchel@fullerton.edu 714-261-0757
Congressional Black Caucus Foundation (CBCF) Internship	Spring, Summer, Fall	16 Weeks in Spring, 9 Weeks in Summer, 16 Weeks in Fall	Spring and Fall: 30-36 Interns Summer: 60-65 Interns	Dr. Joshua Rideaux internships@cbcfinc.org ; jrideaux@cbcfinc.org 409-332-1627
Congressional Coalition on Adoption Institute (Foster Youth Internship Program)	Summer	6 Weeks	8-12 Interns	Lisette DuFore Benz Info@ccainstitute.org 202-544-8500 x 12

Congressional Hispanic Caucus Institute (CHCI) Congressional Internship Program (CIP)	June - July, Sept. - Nov.	2.5 Months in Summer, 3 Months in Fall	25-30 Interns	Carlos Vivaldi cvivaldi@chci.org 202-548-5862
Congressional Hispanic Leadership Institute	Fall and Spring	4 Months	8 Interns	Nicole Marín nmarin@chli.org 202-347-8280
Islamic Scholarship Fund Congressional Policy Internship	Spring, Summer, Fall	3 Months in Spring, 2 Months in Summer, 3 Months in Fall	Spring and Fall: 4-6 Interns Summer: 8-10 Interns	Ammar Ahmed ammar@islamicscholarshipfund.org 650-995-6782 x 403
Harper Congressional Internship Program	Spring, Fall	8 weeks	10 Interns	Libby Sippel libby.sippel@mail.house.gov 202-225-8281
LGBTQ+ Victory Institute's Victory Congressional Internship Program	May - July	8 Weeks	10-16 Interns	Sarah Pope sarah.pope@victoryinstitute.org 410-428-7138
Muslim Public Affairs Council	Summer	10 Weeks	20-25 Interns	Dahlia Taha dahlia@mpac.org 323-258-6722
National High School Equivalency Program (HEP)/ College Assistance Migrant Program (CAMP) Association	Summer	10 Weeks	6 Interns	Patrick Doone pdoone145@gmail.com 813-974-0915
National Summer Learning Association (NSLA) Public Policy Internship	Summer	2.5 Months	8-10 Interns	Leslie Gabay-Swanston Leslie@summerlearning.org 410-856-1372
Native American Congressional Internship Program	Summer	10 Weeks	12 Interns	Alicia Harris Harris-harris@udall.gov 520-274-0259
Panetta Institute Congressional Internship Program	Fall	13 Weeks	23-27 Interns	Dr. Sonia Banks & Sylvia Panetta info@panettainstitute.org 831-582-4200

Sikh American Legal Defense and Education Fund (SALDEF)	June - Aug.	2 Months	7-12 Interns	Puneet Kaur puneet.kaur@saldes.org 661-932-6179
Society of Physics Students Summer Internship	May - July	10 Weeks	3-5 Interns	Erin Lavik & Rianna Ehrenreich elavik@aip.org ; rehrenreich@aip.org 203-887-4815
University of California Washington Program (UCDC)	Fall, Winter, Spring and Summer	10 weeks (Quarter) or 14 weeks (Semester)	200 Interns	Jacob Wilson employers@ucdc.edu 202-974-6351
The Washington Center	Spring, Summer, Fall	9 weeks in Summer, 14 weeks in Fall and Spring	160-250 Interns	Nathan Arrington Nathaniel.Arrington@twc.edu ; programs@twc.edu 202-469-8080 (Office) 202-238-7912 (Nathan)

FELLOWSHIPS

The following fellowship placement programs place fellows directly in Congressional Member and committee offices. Congressional offices and committees may reach out to the points of contact to inquire about the placement process.

Fellowship	Season/ Months	Length of Program	Number of Fellows	Contact
Albert Einstein Distinguished Educator Fellowship	Aug. - July	11 Months	5 Fellows	Jill Latchana jill.latchana@orau.org 865-320-2467
American Political Science Association (APSA) Congressional Fellowship Program	Dec. - Aug.	9 Months	30-40 Fellows	Ann Burke aburke@apsanet.org 202-349-9372
The Archer Center	Fall, Spring (Undergraduate), Summer (Graduate)	2-4 Months	50 Fellows (Fall, Spring, Summer)	Sally Lawrence slawrence@utsystem.edu 703-625-3738
Asian Pacific American Institute for Congressional Studies (APAICS) Congressional Fellowships	Sept. - Aug.	12 Months	10-12 Fellows	Sirat Attapit programs@apaics.org 202-296-9200
Congressional Black Caucus Foundation Fellowship	Sept. - Sept.	12 Months	10-15 Fellows	Dr. Ryan E. Tucker rtucker@cbcfinc.org 202-787-0123
Congressional Hispanic Caucus Institute (CHCI) Postgraduate Fellowship Program (PGF)	Sept. - May	9 Months	8-10 Fellows	Carlos Vivaldi cvivaldi@chci.org 202-548-5862
Congressional Hispanic Caucus Institute (CHCI) Public Policy Fellowship Program (PPF)	Sept. - May	9 Months	16-20 Fellows	Carlos Vivaldi cvivaldi@chci.org 202-548-5862

Council of Korean Americans (CKA)'s Emerging Leaders Fellowship	Summer	10 Weeks	10-15 Fellows	Monica Kang Monica.Kang@CouncilKA.org ; EmergingLeaders@CouncilKA.org 202-660-0900
David A. Winston Health Policy Fellowship	June - June	12 Months	2 Fellows	Kerry McAteer kmcateer@winstonfellowship.org 703-627-7039
Georgetown University Capitol Hill Fellowship Program	Jan. - Dec., Jan. - July	12 Months	60-70 Fellows	Worth Hester whh@georgetown.edu 202-329-1859
The Green and Gold Congressional Aid Program (Formerly Wounded Warrior Program)	Rolling	24 Months	160 Aides	Jennings Solomon GreenAndGold@mail.house.gov 202-226-1965
Islamic Scholarship Fund (ISF) Congressional Policy Fellowship	Fall	9 Months	2 Fellows	Ammar Ahmed ammar@islamicscholarshipfund.org 650- 995-6782 x 403
HillVets Foundation	Rolling	6 Months	12 Fellows	Dallas Atkinson Dallas@hillvets.org
Hindu American Foundation Policy Fellowship	July - Dec., Jan. - June	6 months	1-2 Policy Fellows	Samir Kalra samir@hinduamerican.org 202-223-8222
Kennedy Foundation Public Policy Fellowship	Rolling	12 Months	1 Fellow	Steven Eidelman eidelman@jpkf.org
Korean American Grassroots Conference Congressional Fellowship	May - Aug.	8-10 Weeks	6-8 Fellows	JoAnn Shin jshin@kagc.us 301-356-5022 202-450-4252 Ju Eun Park jueun.park@kagc.us
ReNew Democracy Foundation Fellowship <i>*Must be an office in the New Democrat Coalition*</i>	Jan. - Sept.	9 Months	5 Fellows	Mark Henson fellowships@renewdemocracyfoundation.org 703-307-0806

Running Start/Walmart Congressional Fellowship	Fall	9 Months	10-15 Fellows	Jessica Kelly fellowship@runningstart.org 202-407-9977
Sea Grant John A Knauss Marine Policy Fellowship	June - May	12 Months	12-17 Fellows	Amanda Lawrence & Amara Davis oar.sg.fellows@noaa.gov 240-507-4825
TechCongress Congressional Innovation Fellowship	March - Oct. March - Dec.	8-10 Months	12-18 Fellows	Grace McKinney grace@techcongress.io
Women's Congressional Policy Institute	Jan. - July	7 Months	2-3 Fellows	Jennifer Lockwood-Shabat jennifer@wcpinst.org 202-554-2323
<i>The Department of Defense coordinates the placement of active military fellows from all services in Congressional offices. Offices can reach out to the point of contact specific to that service's fellowship.</i>				
Army Congressional Fellowship Program	Jan. - Dec.	12 Months	25-27 Fellows	Jacob Black jacob.a.black8.mil@army.mil 703-614-9581 202-769-7243
Navy Legislative Fellowship	Jan. - Dec.	12 Months	22 Fellows	Katherine Noel katherine.e.noel.mil@us.navy.mil 703-697-2885
<i>The American Association for the Advancement of Science (AAAS) coordinates the placement of fellows from the partner organizations listed below. Offices can reach out to the point of contact for specific fellowship information from that organization. However, offices should contact Christine Rover at crovner@aaas.org with AAAS if they're interested in hosting a fellow from the partner organizations.</i>				
AAAS Science & Technology Policy Fellowships Legislative Branch Fellows	Sept. - Aug.	12 Months	2-3 Fellows	Christine Rovner crovner@aaas.org 202-326-6748
AAAS Congressional Science & Engineering Fellows Program (CS&EF)	Sept. - Aug.	12 Months	30-35 Fellows	Christine Rovner crovner@aaas.org 202-326-6748
Academy of Nutrition and Dietetics (AAAS)	Sept. - Aug.	12 Months	-	Nicci Brown nbrown@eatright.org
American Chemical Society (ACS) (AAAS)	Sept. - Aug.	12 Months	-	Caroline Trupp Gil c_truppGil@acs.org

American Geophysical Union (AGU) (AAAS)	Sept. - Aug.	12 Months	1 Fellow	Elizabeth Landau elandau@agu.org 202-462-6900
American Geosciences Institute (AGI) (AAAS)	Sept. - Aug.	12 Months	1 Fellow	Chris Keane keane@americangeosciences.org 571-483-5430
American Institute of Physics (AIP) (AAAS)	Sept. - Aug.	12 Months	-	Liz Caron lcaron@aip.org
American Mathematical Society (AMS) (AAAS)	Sept. - Aug.	12 Months	-	Karen Saxe kxs@ams.org
American Nuclear Society (ANS) (AAAS)	Sept. - Aug.	12 Months	2 Fellows	John Starkey jstarkey@ans.org
American Physical Society (APS) (AAAS)	Sept. - Aug.	12 Months	-	Yewande Lewis ylewis@aps.org 301-209-3216
American Psychological Association Fellowships (AAAS)	Sept. - Aug.	12 Months	-	Ben Vonachen bvonachen@apa.org ; mfp@apa.org 202-336-6127
American Society for Gene & Cell Therapy (ASGCT) (AAAS)	Sept. - Aug.	12 Months	1 Fellow	Christina Mayer cmayer@asgct.org 262-923-9655
American Society for Hematology (AAAS)	Sept. - Aug.	12 Months	1 Fellow	Bethany Sheehan bsheehan@hematology.org Tracy Roades troades@hematology.org
American Society of Mechanical Engineers (ASME) (AAAS)	Sept. - Aug.	12 Months	-	Anne Nadler nadlera@asme.org
American Veterinary Medical Association (AVMA) (AAAS)	Sept. - Aug.	12 Months	-	Kat Dorochenko kdorochenko@avma.org 202-289-3219
Geological Society of America (GSA) (AAAS)	Sept. - Aug.	12 Months	-	Susan Lofton slofton@geosociety.org 303-357-1000
Institute of Electrical and Electronics Engineers - USA (IEEE-USA) (AAAS)	Sept. - Aug.	12 Months	-	Erica Wissolik e.wissolik@ieee.org

Institute of Navigation (AAAS)	Sept. - Aug.	12 Months	1 Fellow	Lisa Beaty lbeaty@ion.org
The International Society for Optics and Photonics (SPIE) (AAAS)	Sept. - Aug.	12 Months	-	Lisa Love lisa@spie.org
James Marshall Public Policy Postdoctoral Fellowship (AAAS)	Sept. - Aug.	12 Months	-	Anila Balkissoon abalkissoon@spssi.org 202-675-6956
Materials Research Society (MRS) (AAAS)	Sept. - Aug.	12 Months	-	Todd Osman osman@mrs.org
Optica (AAAS)	Sept. - Aug.	12 Months	2 Fellows	David Lang dlang@optica.org 202-223-8130
Society for Research in Child Development (SRCD) (AAAS)	Sept. - Aug.	24 Months	1-2 Fellows	Lindsay Trammell ltrammell@srcd.org

This is not a comprehensive list of internship and fellowship placement programs. Congressional offices are encouraged to share placement programs they are familiar with to be added to this list.

*If you have questions, or to share placement programs, please email
Caucus.HelpDesk@mail.house.gov.*